



Y2K Youth Project

CashBack 180 Project Year One



**CASH
BACK**

**CASH
BACK** **180**
Y2K
positive change positive futures

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Overview and highlights

The CahsBack 180 service, supports young people involved in/at risk of becoming involved in anti social, offending or risk taking behaviours., through the delivery of targeted programmes and activities. The service provides opportunities for young people to make positive changes in order to work towards more positive futures.

Over the last year, the CashBack 180 service has supported young people from across Midlothian, who are involved in or at risk of becoming involved in anti social, risk taking and offending behaviour, through the delivery of targeted 1:1 and group work sessions. The service aims to support young people to explore the causes and consequences of their choices and explore positive alternatives. Building on the success of phase 5, we have increased the level of support on offer in our first year of phase 6, introducing new activities and opportunities, including a weekly drop in service for young people and preventative workshops.



146 Young people engaged



108 young people reported a reduction in their offending



50 group work sessions delivered



246 1:1 sessions delivered

About Our Young People

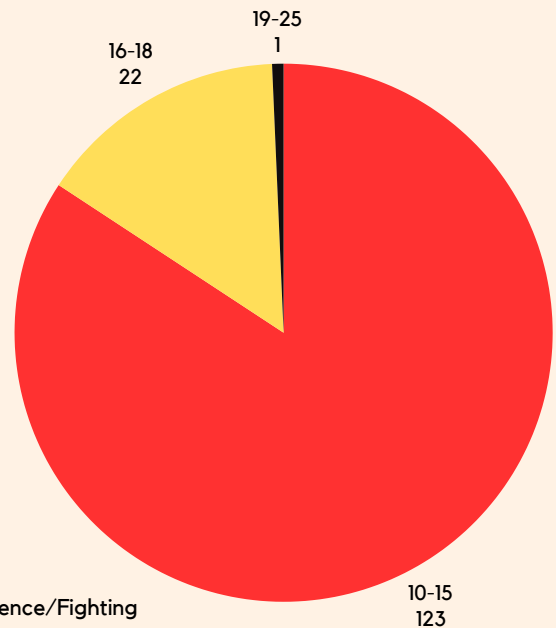


It has been a fantastic year for CashBack 180 with 146 young people engaging with our range of supports from across Midlothian. We have worked in close partnership with six high schools across Midlothian (Newbattle, Lasswade, St Davids, Beeslack, Penicuik and Dalkeith) as well as social services, to identify young people who would most benefit from the service. Young people who were referred to the service this year, were those considered at risk of engaging in risky and offending behaviours.

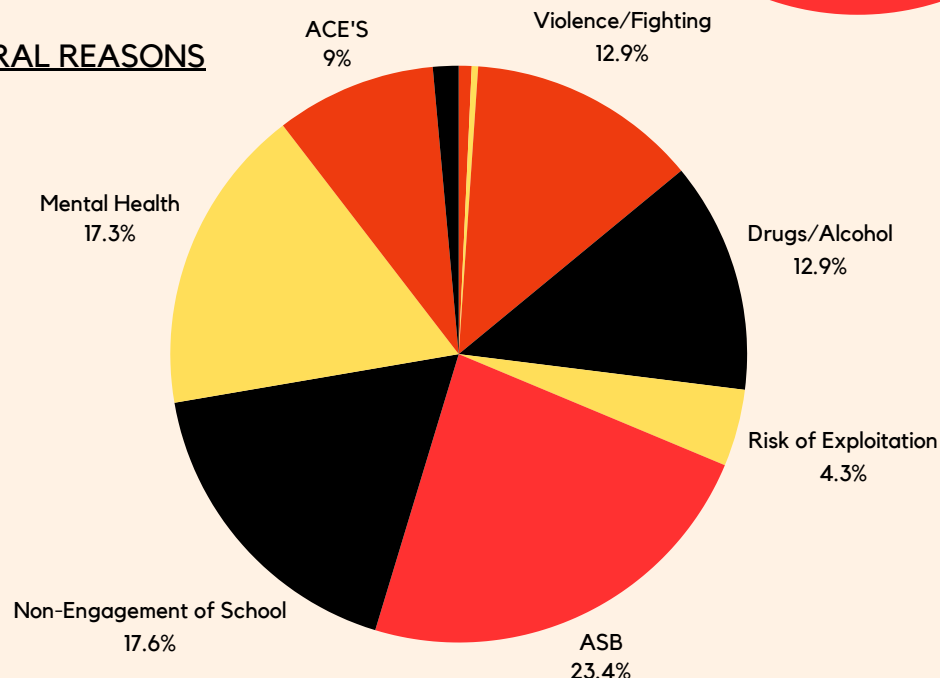
GENDER



AGE



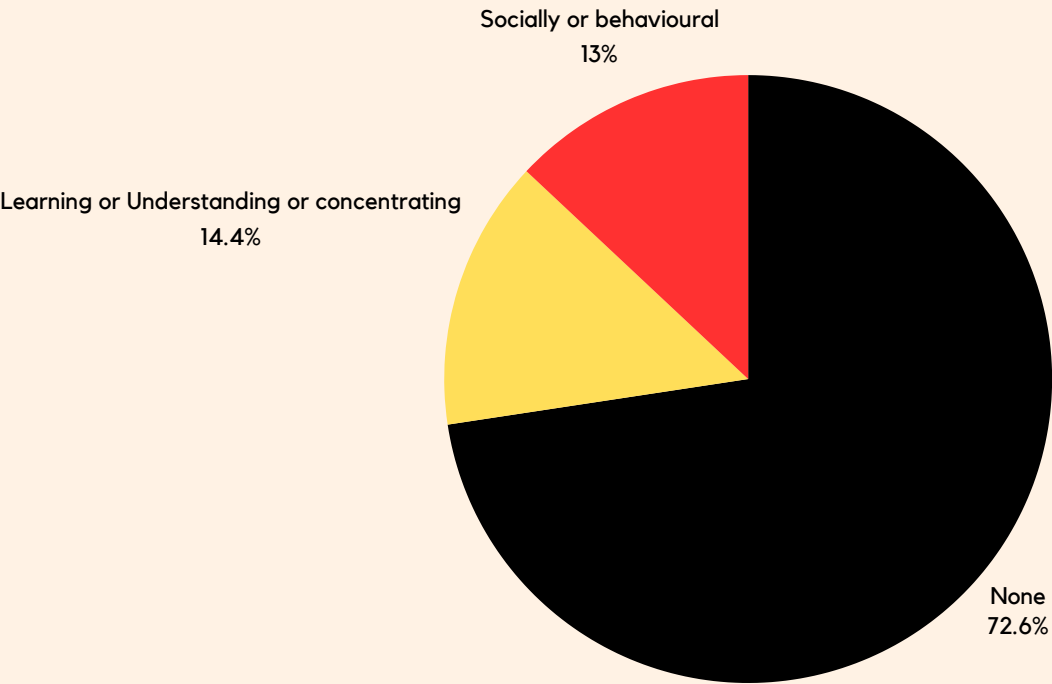
REFERRAL REASONS



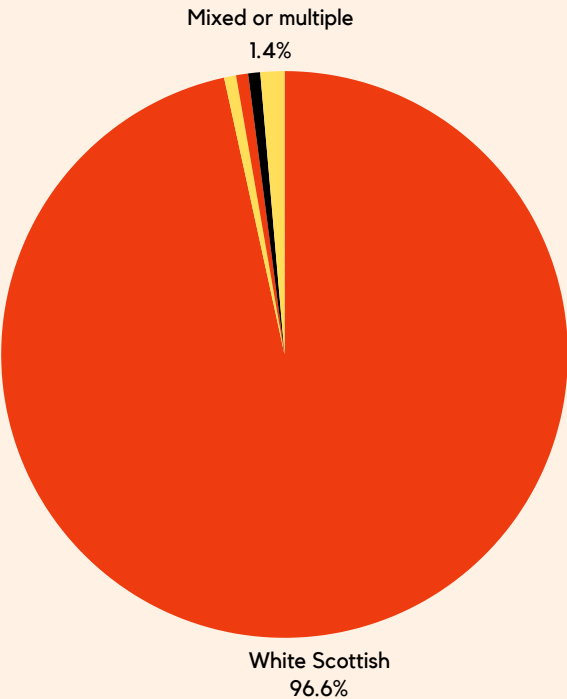
About Our Young People



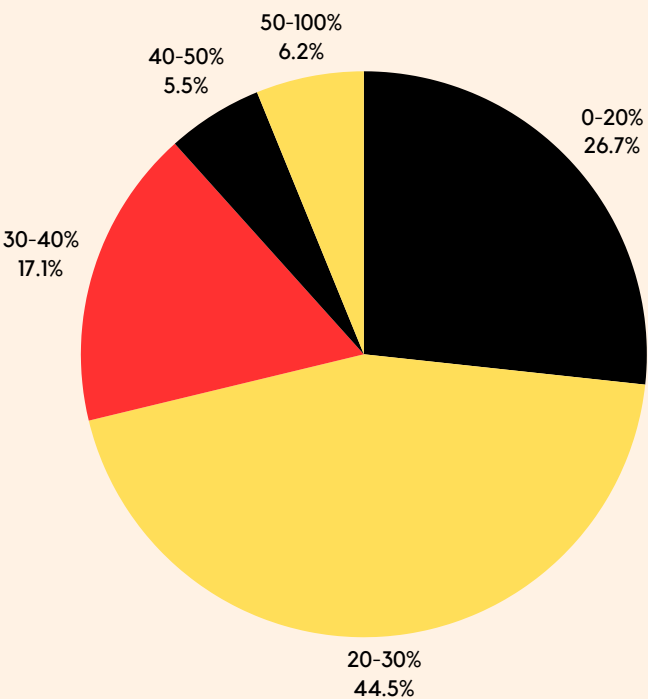
DISABILITIES



ETHNICITY



SIMD

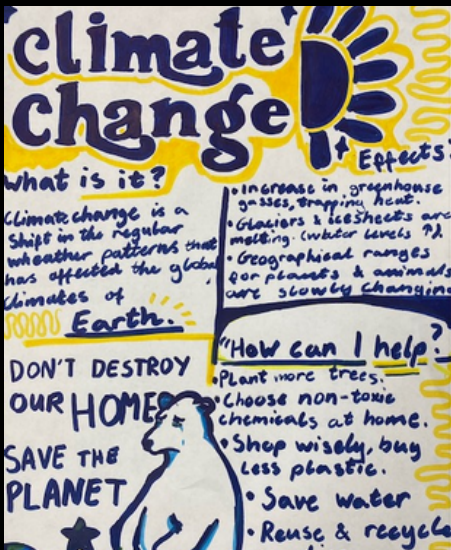


Scottish Government Policy Areas

Climate change plan

The CB180 service has delivered a wide range of awareness raising, educational workshops over the last year, that aimed to increase young peoples understanding on the issue of climate change and how they could positively contribute and make a difference. Workshops have included science based experiments to explore the impact of greenhouse gases, climate action poster design and local community litter picks. Our young people have also enjoyed taking part in sessions outdoors and learning about wildlife.

Through our partnership with Newbattle Abbey College, young people have also had opportunities to take part in rural skill focused activities at their campus, which helped to promote the benefits of being outdoors and explore options for employment within the climate focused industry.



Fair Work Framework

Mayfield and Easthouses Youth 2000 Project, pays all employees at least the real living wage. We are committed to investing in workforce development and provide opportunities for staff to attend training, both within the organisation and externally. We provide regular opportunities for staff members to share ideas, feedback and suggestions during full team meetings. We listen to staff and wherever possible, support them to take on tasks and projects that are of particular interest to them.

We are an accredited Living wage employer.

All staff have access to regular support and supervision sessions with their line manager.

Staff members have regular work plan meetings with their line managers, where they can discuss workloads and priorities. We have a range of measures in place to support employees in the workplace and have a zero tolerance of any form of bullying or discrimination.

The health and safety of our employees is of the upmost importance. We offer a safe, inclusive environment for all employees.

We are committed to ensuring that all employees feel respected and valued in the workplace.

Our full Fair work statement can be accessed following the link below:

<https://youth2000project.com/policies-documents/>



Scottish Government Policy Areas

UNCRC

We have had a significant focus on the UNCRC over the last 12 months and have used creative approaches to ensuring young people are aware of their rights. This year, we reviewed and adapted our Childrens Rights and Wellbeing Impact Assessment (CRWIA) with staff, young people and management. The revised version of our CRWIA is on our website and a young persons version is displayed within our project on our “Rights Wall”. We have delivered a diverse range of activities that aim to educate young people on their rights including “Rights Uno” , a game designed to increase young peoples awareness of their rights through a fun, traditional game, using rights instead of numbers “What age can I quiz” and “Know the Law” workshops.

Our CRWIA can be viewed by following this link:
<https://youth2000project.com/policies-documents/>



Best Start, Bright Futures

The CashBack 180 service is contributing to the Best Start, best Futures policy plan by ensuring young people have access to the support they need at the times they need it. Young people are always central to the decision making impacting their lives, helping them to feel empowered. To support our service users and help challenge the issue of hunger and poverty, we have introduced a dignified food provision where all young people can access a free, daily hot meal. We also have a Health and Hygiene stock cupboard, which young people can access at the times they need it.

Key performance Indicators

In the first 12 months of the CashBack 180 service, we have exceeded our targets in the vast majority of areas. We have been delighted to see so many young people reporting a reduction in their involvement in offending.

Our flexible, responsive approach has resulted in excellent engagement and outcomes achieved for our service users. In the last 12 months, the majority of our participants have been in the 11-15 age range, which meant employment, training and volunteering was not as relevant to them at the time of their engagement with our service. We have also supported higher than expected numbers to gain accredited qualifications through the delivery of Youth Achievement Awards.

Outcome		Actual	Planned	Variance
1 - Young people are diverted from antisocial, criminal behaviour and involvement with the criminal justice system				
Young people report that their own participation in antisocial and/or criminal behaviour has reduced		103	50	53
Young people report that they feel less inclined to participate in antisocial and/or criminal behaviour		98	50	48
Outcome 2 - Young people participate in activity which improves their learning, employability and employment options				
Young people gain an accreditation for a new skill		66	50	16
Young people report an improved relationship with their school		92	50	42
Young people's attendance at school improves		91	0	91
Progression outcomes after completion of the programme; the number of participants gaining/taking up:				
Modern Apprenticeship/Employment		0	2	-2
Training/Work Experience		1	2	-1
College/University placement		6	0	6
Volunteering		6	13	-7
Outcome 3 - Young people's health, mental health and wellbeing improves				
Young people report an increase in feelings against SHANARRI indicators		123	50	73
Young people report their mental health has improved and they have a more positive outlook on life		109	50	59
Young people report they are more aware of the risks and impacts of harmful substance use		103	0	103
Young people report they are less inclined to engage in harmful drugs and/or alcohol use		94	50	44
Young people report their confidence has increased		104	50	54
Young people report evidence of participation in physical and sporting activities		102	0	102
Outcome 4 - Young people contribute positively to their communities				
Young people report their perception of their neighbourhood improves		103	50	53
Young people report a heightened sense of belonging to a community		103	50	53
Young people report feeling their contribution, links with communities and social interaction are improving		98	50	48
Young people report increased motivation to positively influence what happens in their community		89	0	89
Young people go on to volunteer, coach, mentor, support or take a leadership role in community organisations		53	0	53
Hours of volunteering contributed by participants		117	25	92
Community focused awards gained by participants		6	5	1
Outcome 5 - Young people build their personal skills, resilience, and benefit from strengthened support networks and reduce risk taking behaviour				
Young people report feeling more resilient		109	50	59
Young people report positive, supportive networks - including improved relationships with family, friends and peer mentors		114	50	64
Young people report increased access to appropriate services		114	50	64
Young people report positive changes in their behaviour		108	50	58

Financial Summary

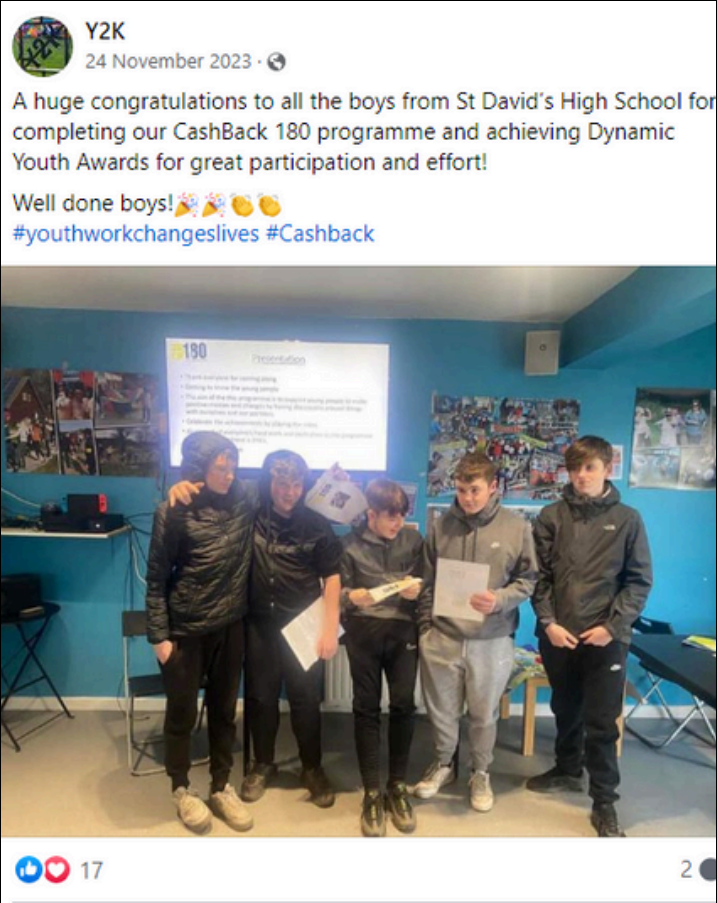
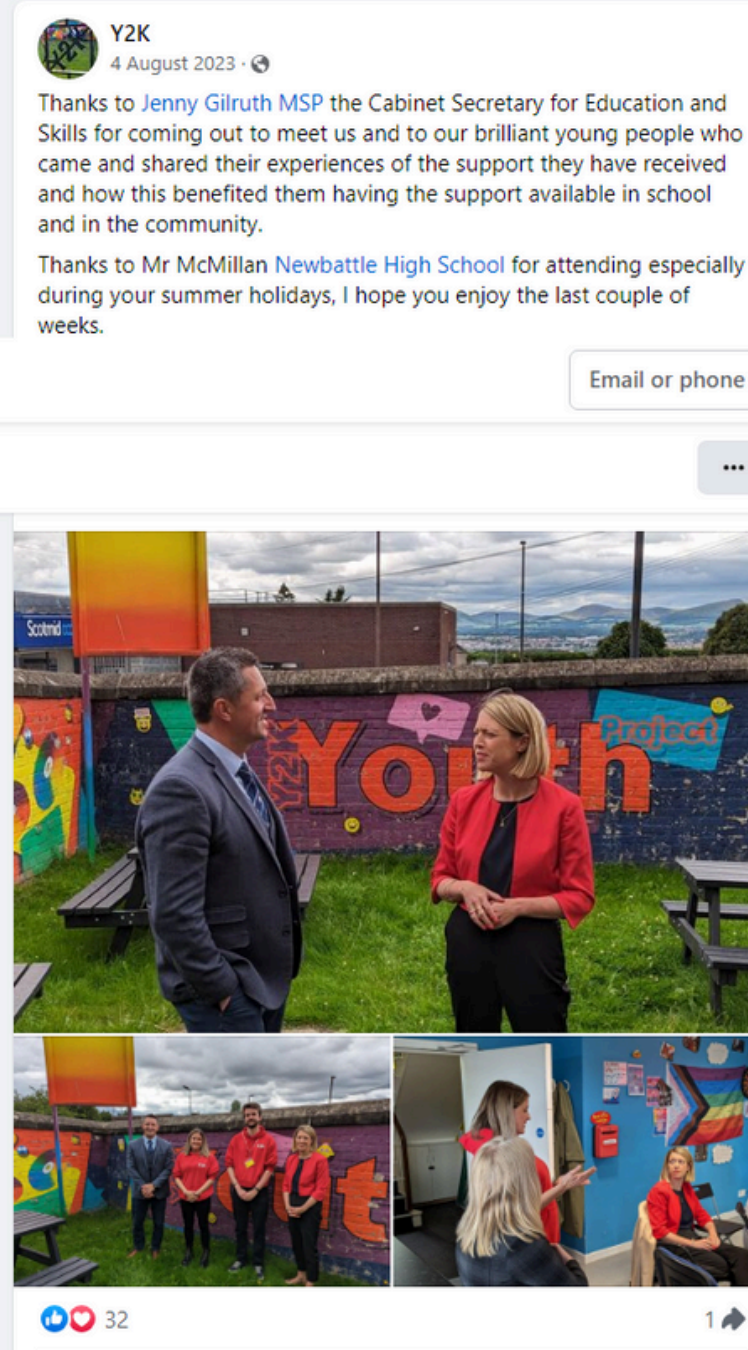
Our year one budget was spent in full as expected, with no over or underspends. 100% of the funding was spent in Midlothian. The breakdown below provides details of actual spends for each quarter.

YEAR 1 Q1-Q4	Q1	Q2	Q3	Q4	Total Costs
	Actual	Actual	Actual	Actual	
1 x Full Time Project Co-ordination @ 35 hrs per wk incl on costs	8,587	8,587	8,587	8,587	34,348
1 x Full Time Project Worker@ 35 hrs per wk incl on costs	6,211	6,211	6,211	6,211	24,842
Data Analyst (12 Hours)	3,143	3,143	3,143	3,144	12,573
1 X Part Time Project Worker @ 16 hours pw incl on costs	2,698	2,698	2,698	2,698	10,790
Activities (Young People)	108	0	72	164	344
Resources and Materials (Including Costs of Awards)	19	235	90	57	400
Staff Training and Travel	0	61	0	339	400
Management and Marketing (up to 10% of CashBack funding)	2,100	2,100	2,100	2,100	8,400
TOTALS	22,865	23,034	22,900	23,298	92,097

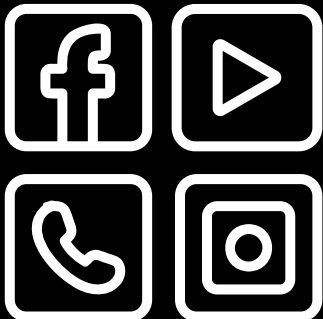
Communications and events

2023

We regularly use our social media platforms to share updates and promote the work of CashBack 180 and our wider services. We also use our platforms to share information on other opportunities available to local young people in their communities.



In August, 2023, we were delighted to welcome Cabinet Secretary, Jenny Gilruth, to Y2K. She was interested in the work we do with our local High school and how Pupil Equity Funding can be used to enhance the experiences of young people in schools.



What our young people said....

The voices of young people are central to everything we do at Y2K. The CashBack 180 service is youth led, and we are committed to involving our service users in all stages of the projects development, delivery and evaluation. All of our young people complete monitoring forms that allow us to capture evidence of impact and feedback from our service users.



“This has helped me think more about boundaries and think about what I do more”



“I loved this group. I got to do things and learn about things I haven’t done before”



“I am working towards my goals now and staying out of trouble. I want to have a positive future.”

Partnerships and Collaborations

Partnership working is vitally important to ensuring the success of the CashBack 180 service and that young people have the best possible experience. We have worked closely with our colleagues in education and social work to create appropriate packages of support for each individual who has engaged with our service.

We also include inputs as part of our programme delivery from a range of other services and supports including Police Scotland, ASH Scotland, the Scottish Fire and rescue service and Health In Mind. This enhances the experiences of our service users and helps to increase their support networks.

We often refer young people to partners such as RUTS and CLLE, for further support to work towards their identified goals.

All of our young people have the opportunity to work towards accredited qualifications and awards through their involvement in our programmes and activities. We have worked with Newbattle Abbey College to deliver projects where young people can work towards accredited Adult Achievement awards and we also use Youth Scotland awards to accredit young peoples involvement and participation in the service, helping to improve employability skills and attainment .



Attainment and Achievements ↘



This year, we have supported young people who engage with the service to work towards accredited awards, helping to improve attainment, confidence and skills.

Our service users have completed Dynamic Youth Awards through participation in the project at SCQF Level 3. We have also developed a course for young people 16-21, to work towards an Adult Achievement Award with Newbattle Abbey College.

We are committed to supporting young people to move on to positive destinations and offering ongoing support to those who require it. Service users have the opportunity to access continued support after their involvement in our programmes comes to an end, through our evening drop in sessions, where they can meet with CashBack 180 youth workers and continue to engage in a wide range of informal, educational workshops and activities.

In year one, our young people have worked exceptionally hard to achieve accredited awards, volunteer, move on to further education/training, continue to attend school and secure employment.

Attainment and Achievements ↘

Continued.....

1

SCQF level 2 awards



59

SCQF level 3 awards

6

SCQF level 4 awards

100

Young people stayed or returned school

7

Young people moved on to further training or education

117

hours of volunteering completed

Looking ahead



Year one has been a positive year for both the delivery and development of CashBack 180. We are looking forward to building on the success of the service in year two. We will continue to offer our group work programmes to young people and schools across Midlothian. Development and expansion of our service has been a significant focus for us over the last 12 months and we look forward to continuing this process in year two.

We are hoping to strengthen partnership working and explore new, innovative ways to deliver our project with young people, using a holistic, youth led approach in year two.