

**MAYFIELD & EASTHOUSES YOUTH 2000 PROJECT** 

# ANNUAL REPORT 2023



**Broadening Horizons, Realising Potential** 

# **CHAIRPERSON'S STATEMENT**

Welcome to Y2K's annual report 2022 -2023

Chair's Report

In 2022 - 2023 Y2K has continued to provide a vital community-based youth service for the young people of Mayfield and Easthouses. Y2K now offers support, encouragement and opportunity for 471 young people. Following direct feedback from local young people and in the face of the cost of living crisis, the level of support has been increased. Sessions are now offered five evenings a week, a move which has been well received in the community.

Continuation funding has been secured for our Guid 2 Go Health and wellbeing service for another three years. We are also continuing to work with young people across Midlothian through funding from CashBack for Communities.

Alongside our main services and supports, this year we delivered some mini projects including a Peer led tobacco education project, funded by ASH Scotland and a social isolation and loneliness project, funded by YouthLink Scotland.

We have continued to provide opportunities for young people to achieve awards and gain new experiences through their participation in our programmes. It has been rewarding to see young people volunteering in the wider community during their school holiday periods, where they helped at the local church with painting and other tasks.

Our highly beneficial partnership with Newbattle High School has continued to strengthen, with new approaches to support being delivered in school.

I would like to offer my heartfelt thanks to Lyndsey and the team for their tireless and inspirational service. Thanks are due also to all of those who continue to support Y2K throughout these challenging times: volunteers, board members, friends, donors and of course the young people themselves.

Susan MacDonald Chair



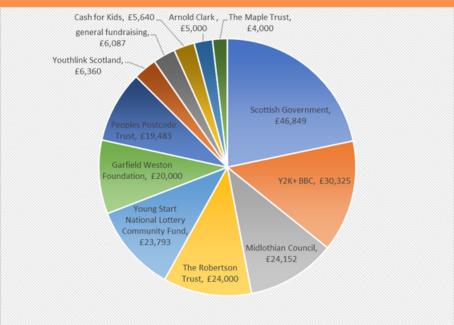
**SUSAN MACDONALD** 

Mayfield & Easthouses Youth 2000 Project Chair of the Board



# FINANCIAL STATEMENT

#### **FUNDING**



#### **Financial Statement**

	Total	Funds 2023	Tot	al Funds 2022
Income	£	231,766	£	212,604
Expenditure	£	259,748	£	260,894
Net movement in funds	£	(27,982)	£	(48,290)

A full set of audited accounts are available on request

#### **OUR MISSION**

To support and encourage young people in Mayfield & Easthouses to be healthy and happy individuals through our delivery of holistic youth-led services.

"Broadening Horizons, Realising Potential"

#### **OUR VISION**

Our vision is for young people in Mayfield & Easthouses to be healthy and happy, feeling safe and secure to become confident, fulfilled individuals.

#### **OUR SERVICES 2022/2023**

Y2K delivers its aims through the following services

Guid 2 Go, Y2K+, CashBack180 Involve U Drop Ins



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### **BOARD MEMBERS**



Susan MacDonald, Chair



Robert Hogg, Vice Chair



Morag MacDonald, Treasurer



Jane Burnett, Board member



Roddy Hendry, Board member



#### YOUNG PEOPLE'S ACHEIVEMENTS





# Young people have completed accredited awards!











"young people contributed to their communities by volunteering"

# Evening activities and drop ins

The drop ins have provided positive alternatives for local young people to engage with over evening periods. 343 young people accessed the drop ins over this year and enjoyed accessing a safe, inclusive space and taking part in a diverse range of activities including issue based workshops, practical cooking sessions and team building games!









The CashBack 180 service provides targeted supports for young people involved in or at risk of becoming involved in anti social, offending and risk taking behaviour. Young people are supported to explore the causes and consequences of their behaviour through group work programmes and 1:1 sessions and to explore positive alternatives. We work closely with Police, The Fire and Rescue service, social workers and local secondary schools to deliver this service. Young people from across Midlothian over the last year have engaged with the service.



of participants reported a reduction in offending





Young people engaged with supports



James: "It's made me think I need to start sticking in at school and doing work and that 'cause I want to get somewhere in life".

Simply put he has moved from a pupil where there was doubt about his ability to complete the school year to a pupil who we would welcome back into S5. This is a dramatic turnaround and he has gone from working against the school to working with us. Y2K has played a big role in this."

# HOLIDAY TIME PROGRAMME 2022

As always, our holiday time programmes were a huge success!! 72 young people engaged in a wide range of fun, positive sessions such as assault courses, festival shows and water sports over their school holidays. As well as fun activities, a free daily meal was available to all who attended. Our holiday programmes help keep young people safe, included and connected with others.







Y2K+ is a 1:1 and group work based support service for young people 11-18 years old who would benefit from additional supports to explore the issues impacting their lives. These person centred supports can take place in schools, the community, digitally or at the Y2K project.

#### The Y2K+ service can provide:

1:1 weekly support sessions
1:1 based activities based on the needs of the young person
Advice, advocacy and support to attend meetings etc
Small, group work based sessions



# Y2K+ Supported 241 Young People during 2022-2023



# STOUGHT GUID 2 GO

Our Guid 2 Go service, aims to improve young peoples overall health and wellbeing through the delivery of youth led, holistic projects and activities. Over the last 12 months, the G2G service has provide a diverse range of opportunities including cooking workshops, physical activities and issue based workshops, helping to increase young peoples skills, improve mental health and reduce isolation.

Have a look at some of our highlights:











The year ahead is set to be an exciting year of development at Y2K. We know that the challenges facing local young people are increasing, however we are committed to responding to identified issues and working with our partners to improve outcomes for young people. We are looking forward to increasing the level of support we provide to young adults to help them to develop their independence skills and confidence. Young people will remain central to everything we do at Y2K and we will continue to work with them to develop and improve our existing services, as well as explore new opportunities.



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# **STAFF**



Lyndsey Ritchie, Project Manager



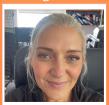
Liz Campbell Finance and data Manager



Morag Fraser Office Manager



Natalie Paris Cashback 180, Project Coordinator



Lorraine Wylie Cashback 180, Project Worker



Jamie Blair Y2K+/CashBack 180 Project Worker



Leona Dowdeswell Guid 2 Go Proiect Worker



Elaine McCairney Guid 2 Go Project Worker



Amber Dowling Youth Worker



Laura Baigrie Sessional Youth Worker



Daniel McConnell Sessional Youth Worker



Duncan Wilson Youth Worker



## THANK YOU TO ALL OF OUR FUNDERS





































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